

**"He CHURCH OF THE SACRED HEART**  
 Kabega Park, Port Elizabeth  
 1961-2021  
**Welcoming, inclusive, united family!**  
**PARISH DIAMOND JUBILEE YEAR**



**Priest in Charge:** Fr Lubabalo Mguda  
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**FOURTEENTH SUNDAY IN ORDINARY TIME – YEAR A – 09 JULY 2023**

The first reading presents God as a humble King whose victory parade is led by the donkey, a symbol of peace. This Peaceful King is inviting her Daughter, to **“Rejoice greatly ... Shout aloud...”** Humility and gentleness is therefore order of the day. Thus Jesus sees this new world order of humility as the secret of life. This means that the way of power and domination is not the modus operandi of God. As St Paul says in his letter to the Romans, **“for if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body you will live.”**

Time	Day	Liturgical Day	Readings	MASS INTENTIONS
17h00	Saturday 08 July	<b>FOURTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Zecharia 9:9-10; Psalm 145:1-2, 8-11, 13-14;</b>	<b>Sean &amp; Sophia Abrahams 28<sup>th</sup> Wedding Anniversary</b>
08h00	Sunday 09 July	<b>FOURTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Romans 8:9, 11- 13</b>	<b>Louis Mackay RIP David Ghansar RIP</b>
10H30	Sunday 09 July	<b>FOURTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Gospel – Matthew 11:25-30</b>	
18H30	Tuesday 11 July	<b>Memorial – St Benedict</b>	<b>Genesis 32:22-32: Psalm 17:1-3, 6-8, 15; Matthew 9:32-38</b>	<b>Rest of the Souls - Pious List</b>
08H30	Wednesday 12 July	<b>Fourteenth Week in Ordinary Time – Year I</b>	<b>Genesis 41:55-57, 42:5-7, 17-24; Ps 33:2-3, 10-11, 18-19; Matt 10:1-7</b>	
08H30	Thursday 13 July	<b>Fourteenth Week in Ordinary Time – Year I</b>	<b>Gen 44:18-21, 23-29, 45:1-5; Ps 105: 16-21; Matthew 10:7-15</b>	
08h30	Friday 14 July	<b>Fourteenth Week in Ordinary Time – Year I</b>	<b>Gen 46:1-7 ,28-30; Psalm 37:3-4, 18-19, 27-28, 39-40; Matt 10:16-23</b>	
17h00	Saturday 15 July	<b>FIFTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Isaiah 55:10-11; Psalm 65:10-14;</b>	<b>Rest of the Soul – Stanley Papman</b>
08h00	Sunday 16 July	<b>FIFTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Romans 8:18-23</b>	
10H30	Sunday 16 July	<b>FIFTEENTH SUNDAY IN ORDINARY TIME – YEAR A</b>	<b>Gospel – Matthew 13:1-23</b>	

**HOSPITALITY: THE COMMUNITY OF THE SACRED HEART IS A WELCOMING AND INCLUSIVE UNITED FAMILY**

**NEW PARISHIONERS:** Register as a New Parishioner and receive an e-Newsletter every Friday.

**HOUSE MASSES AND BLESSING:** on Thursdays @ 6pm are available on request for new parishioners.

**MAINTENANCE TEAM:** We would like to invite anyone who can spare some time on a Saturday morning to join us in this community project. You do not need any particular skills, only your presence and willingness to help. Please note that we will work every Saturday, except when the weather is inclement, and we will inform you of any changes through the parish newsletter. . The Sacred Heart Community needs you to help families to kneel comfortably. If you are interested in helping, please contact *Danville*, the maintenance coordinator on **073 069 5916**.

**CATECHETICS**

**SUNDAYS @ 09H30: GRADE 1 – 12** please contact Denise Philander on 071 079 9702.

**MASS ATTENDANCE IS NON-NEGOTIABLE AND COMPULSORY FOR PARENTS, CHILDREN AND CATECHISTS.**

## SACRAMENTS / DEVOTIONS / SPIRITUAL GROWTH

**INFANT BAPTISMS:** Parishioners who would like to have their children baptised please contact Parish Office ASAP.

**SACRAMENT OF MARRIAGE PREPARATION:** Please contact the Parish Office at least **ONE YEAR** before the wedding.

**SACRAMENT OF RECONCILIATION AND PENANCE:** Saturdays @ 16h30; Tuesday @ 17h45; Thursday @ 09h15

**TUESDAY EVENING HOLY HOUR WITH ROSARY @ 17H30: Adoration, Rosary and Benediction.**

**THURSDAY MORNING HOLY HOUR @ 09H00:** Adoration, Rosary and Benediction.

**JULY IS THE MONTH OF THE PRECIOUS BLOOD OF JESUS CHRIST – ST VINCENT DE PAUL SOCIETY (LEAD ROSARY)**

**BIBLE STUDY: 12 JULY 2023 WEDNESDAY @ 18h30** in the Religious Centre (Small Hall)

## SACRED HEART OUTREACH MINISTRIES

**Saturday Soup Kitchen - unemployed:** • **Group 2 will be distributing soup on Saturday, 8 July 2023 @ 08h00**

• **Group 3 will be distributing soup next Saturday 15 July 2023, at 08h00**

**ST VINCENT DE PAUL:** We appeal to parishioners for men's closed shoes/takkies, in a reasonable condition, that we may distribute to those in need during this cold rainy season.

**SVDP FOOD PANTRY:** Toilet Rolls, Sunlight Soap Bar, Face Soap, Toothpaste, Toothbrushes, Sanitary Products, Sunlight Liquid and Handy Andy to be placed in the trolley in the foyer – to assist the relief efforts for the poor in our community.

## UPCOMING PARISH/DEANERY EVENTS

**WINTER LIVING THEOLOGY 2023:** Tuesday 20 – Thursday 22 August 2023 (09h30 - 15h30) @ St Luke's Retreat

Centre, 10 Park Lane, Gqeberha (R1100 includes 3 x lunches and 3x lectures per day pensioner discounts are available) book via email: [pdo@cdpe.co.za](mailto:pdo@cdpe.co.za) - Topic: **THE BIBLE THE BEST SELLER OF ALL TIMES:** Where does it come from and why do we need it? **The Presenter is Fr David Neuhaus SJ** (South African born Priest who has studied and taught in Bethlehem, Jerusalem, Rome and Paris.)

**PARISH PASTORAL COUNCIL (PPC)** are pleased to share a very exciting opportunity for the parish.

The parish will host Siobhan Dooley, Care Ministry, to present a 4 week training entitled **"Pastoral Listening"**.

Please see below the framework of the 4 sessions. Main topics include:- Block 1: Personal growth, role and qualities of a listener - Block 2: Listening skills, empathy, and reflection - Block 3: Dealing with death and dying - Block 4: Summarising, clarification, questions, endings

**RETREAT FOR SENIORS (60 years+):** hosted by the PDO on Saturday, 15<sup>th</sup> July 2023 @ Sacred Heart Hall, Kabega Park from 09h00 to 12h00 presented by **Sr Francis of The Sisters of Nazareth** with the topic **"Walking with God in Senior Years"**. To book, pls send your name, surname, parish name and your contact number in an email to [pdo@cdpe.co.za](mailto:pdo@cdpe.co.za) or send a WhatsApp to 0710799702 or you could complete the electronic form using the link below: <https://forms.gle/YXEydJ1o4ajv9i657>

**DEMENTIA SUPPORT GROUP:** for family members and friends of persons who have dementia will meet at Sacred Heart on Monday 17th July at 10h00. Enquiries Kaye on 0832991842.

**RAFFLE.** The Fundraising Committee is raffling a preloved Brother GS3700 Mechanical Sewing Machine. Value R4099.00. Mint Condition. Tested by Singer. Ticket Cost: R20. Draw date 09 August 2023. Tickets available after Mass

**Mater Dei Bingo – Saturday 29 July 2023 @ 15h00** (R120 per ticket) – Mater Dei Parish Hall [info@materdeiicc.co.za](mailto:info@materdeiicc.co.za)

**St Augustine's International Food Evening – Friday 28 July 2023** contact Rupert for coupons at 072440 2692

**Sacred Heart Golf Day – 22 September 2023 @ PE Golf Club Westview Mill Park,** Please book a Four Ball contact [Danville.Felkers@consultm.co.za](mailto:Danville.Felkers@consultm.co.za) or [dphilander@gmail.com](mailto:dphilander@gmail.com)

## STEWARDSHIP

**WEEKLY COLLECTIONS AND MONTHLY PLEDGE:** THANK YOU TO ALL OUR PARISHIONERS WHO PAY THE PLEDGE CONSISTENTLY AND GENEROUSLY DURING THESE DIFFICULT FINANCIAL TIMES IN THE COUNTRY. Please make use of the **"smart option"** – Electronic Transfer/EFT of weekly collections directly into our Parish Bank Account – **Standard Bank: Sacred Heart Catholic Church; Account Number: 080389007; Branch: Port Elizabeth; Branch Code: 050017.**

### FOR THE SICK AND HOUSEBOUND:

Leslie Ah Shene, Sally Botha, Beryl Bowler, Valerie Brown, Gerald Burger, Maria De Freitas, Deanna Dickson, Pat Douglas, Patrick Dwyer, Sylvia Dyson, Roland Edgar, Shirleen Grobbelaar, Gladys Harper, Thora Hempel, Lydia Hendricks, James Henderson, Eden Kempthorne, Jocelyn Keun, Basil Knight, Lucia Leander, Nancy and Ronnie Leeson, Ann Lentz, Isobel Lloyd, Stuart Mandy, Leo Smithies, Gerald Spence, Annie Maria Van Rooyen, Joyce Weimers, Gwen Williams.